RECREATIONAL GYMNASTICS COACH NANAIMO GYMNASTICS SCHOOL (NGS)

Position:	Recreational Gymnastics Coach	MNAST
Reports To:	Club Head Coach	
Type of Position:	Full-time 35 - 40 hours a week (or Part-time 20 hours a week)	ž 🔨 š
Wages Range:	Competitive based on experience	ž Ψ đ
Application Close:	Open until filled	1 ~
To Apply:	Please email tracy@nanaimogymnastics.ca with your Resume and Cover Letter to the attention	
	of Tracy Welbourn, Club Head Coach, Nanaimo Gymnastics School.	
	Applicants selected for an interview will be contacted directly.	

Nanaimo Gymnastics School has been dedicated to serving Nanaimo, British Columbia, fostering a community that has seen Island, Provincial and National Champions flourish alongside individuals embracing an active lifestyle. NGS is a not-for-profit society dedicated to providing a safe, supportive, and structured environment for children and adults of all ages to learn and grow through the sport of gymnastics. Our mission is to develop an effective gymnastics program that maximizes skill acquisition while also teaching important life skills such as sportsmanship, discipline, time management, and appreciation of an active lifestyle.

Nanaimo Gymnastics School is looking for a part-time or full-time reliable, high-energy coach for our Recreational Programs. We are a growing community that offers qualified programming seeking a motivated coach committed to coaching and teaching children.

Job Responsibilities:

- Lead and supervise recreational classes with athletes of different age groups and talents:
 - o Teach skills and abilities at each apparatus, following the standard NGS gymnastics curriculum
 - Lead the standard NGS gymnastics warm up on a rotating basis; assist in the warm up when another coach is leading
 - Ensure controlled class management: concentrating on all gymnasts, and practicing positive reinforcement
 - o Assess the skills of each gymnast and provide feedback
- Set up a safe gym environment:
 - adhere to safe practices for all equipment
 - o ensure correct technique is used while spotting
 - review gym and facility safety with new gymnasts
 - adapt equipment for age, ability, and size of gymnast
 - be familiar with emergency and evacuation procedures
- Plan and come prepared:
 - o carry a positive attitude
 - o come prepared to teach written lesson plans
 - arrive 10 minutes before class or meeting start times
 - wear appropriate coaching uniform
 - o complete student roll, assessments and timesheets on time
- Communicate with Recreational Coordinator or/and Club Head Coach on a regular basis.
- Ensure the gym, including bathrooms, lobby and office space are clean (rotating basis)
- Additional Requirements:
 - A love of kids (and a lot of patience) and a love of gymnastics!
 - The ability to lift up to 50 pounds; physical activity involved in spotting and moving equipment: pulling, lifting, crouching, balancing, and climbing
 - \circ The ability to personably and professionally communicate with parents, staff and athletes

Required Qualifications

- Experience coaching Preschool and Recreational programs
- NCCP Foundations for Preschool & Recreational trained or certified (or equivalent)
- Respect in Sport (can be completed online)
- Making Ethical Decisions (can be completed online)
- Criminal Record check
- Weekend availability a must

Desirable Skills and Qualifications

- Up-to-date Standard First Aid Certification
- NCCP Comp Level 1 trained