

Nanaimo Gymnastics School
Communicable Disease Plan

Please note: this document is subject to change following provincial health and safety requirements.

This Club Communicable Disease Plan has been approved by the Nanaimo Gymnastics School by Ali White on September 7, 2021

Nanaimo Gymnastics School

A communicable disease is an illness caused by an infectious agent or its toxic product that can be transmitted in a workplace from person to person. Examples of communicable diseases that may circulate in a workplace include COVID-19, norovirus, and seasonal influenza.

Communicable disease prevention focuses on basic risk reduction principles to reduce the risk of workplace transmission of COVID-19 and other communicable diseases. The fundamental components of communicable disease prevention include both ongoing measures to maintain at all times and additional measures to be implemented as advised by Public Health.

Nanaimo Gymnastics School is committed to creating a safe working environment for staff and participants that reduces the risk of transmitting communicable diseases. Nanaimo Gymnastics School will complete the following:

- **Nanaimo Gymnastics School** will support staff who may be sick with a communicable disease to avoid working while sick (for example, fever and/or chills, recent onset of coughing, diarrhea);
- Nanaimo Gymnastics School will promote hand hygiene by providing hand hygiene facilities at the front door as well as several stations inside the gym with appropriate supplies and reminding employees and participants with signage to wash their hands regularly and to use appropriate hygiene practices;
- Nanaimo Gymnastics School will maintain a clean environment through routine cleaning processes with cleaning of high touch areas a minimum of three times a day and cleaning the facility every night;
- **Nanaimo Gymnastics School and Lance McNabb with the SUN GLO HOME IMPROVEMENT CENTRE (1984) LTD** will ensure building ventilation is properly maintained and functioning as designed;
- To a reasonable extent, Nanaimo Gymnastics School will support employees in receiving vaccinations for vaccine-preventable conditions;
- Nanaimo Gymnastics School is prepared to implement additional prevention measures as required by a medical health officer or the provincial health officer to deal with communicable diseases in our club, should those be necessary.